

The Rosalynn Carter Butterfly Trail®

www.rosalynncarterbutterflytrail.org

Plains, GA



Tips!

- Full sun light/6 hours per day
- Host plants
- Nectar plants (strong scent and bright colors)
- Puddling (water/minerals)
- Avoid pesticides:
 - * Marigolds,

Gardens for the Monarch Butterfly and Swallowtail Butterfly

1. **Host Plants** (needed for full life cycle: laying eggs and food source)

Monarch Butterflies

- a. Milkweeds (aquatic milkweed, swamp milkweed & butterfly milkweed for the southeast region)

At least 10 plants of 2 or more species of milkweed. This increases chances of monarchs staying on property longer due to longer flowering season of milkweeds.

Swallowtail Butterflies (Georgia's official state butterfly is the Eastern Tiger

Swallowtail)

- a. Native trees: Yellow Poplar, Black Cherry, Sassafras, Pawpaw and Red Maple
- b. Common herbs: Parsley, Dill and Fennel
- c. Flowering plants: Queen Anne's Lace

2. **Nectar Plants for Butterflies** (Flowering and strong scented plants: at least 4 varieties that bloom throughout the season. Plant in groups for a splash of color to attract butterflies)

- a. Annuals - Verbena, Zinnias, Salvia, Marigolds, Cleome, Sweet William, porterweed
- b. Perennials - Black-eyed Susan, Goldenrod, Purple Coneflower, Salvia, Phlox, Bee Balm
- c. Additional - Azalea, Butterfly weed, Lantana, Crab Apple

3. **Garden features**

- a. Designated walkway/path (helps avoid stepping on plants & butterflies)
- b. Size: no minimum area; recommended - 100 sq. ft. (can be split among several sites)
- c. Shelter from predators & elements (planting milkweeds & nectar plants close together helps)
- d. Puddling sites (moist sandy soil/rocks in shallow water or saucers with sand)
- e. Hummingbird feeders
- f. Signs for plant identification



To learn more about the Rosalynn Carter Butterfly Trail go to www.rosalynncarterbutterflytrail.org

Rosalynn Carter's Butterfly Garden, established April 2013, is the beginning of this trail. Mrs. Carter established her garden to bring awareness to conserving butterflies, their habitats and for her love of nature.